

suffer
well

1

"SATAN"
SIN
SALVATION

2

BE PREPARED - TRAIN FOR GODLINESS
TAKE THE TRAINING SERIOUSLY
REPETITION
ARMOR UP
IN THE WORD, IN PRAYER
NEVER ISOLATE

3

BE AT PEACE
REMEMBER GOD IS IN CONTROL
EXPRESS YOUR SORROW
STAY THE COURSE
TRUST THE PROCESS

4

BE PATIENT

5

Romans 12:12 (ESV)
¹² Be joyful in hope, **patient in affliction**, faithful in prayer.

6

More than half of Americans hang up the phone after being on hold one minute or less

7

71 percent of Americans frequently exceed the speed limit to get to their destination faster

8

Americans will binge-watch an average of seven TV episodes in a single sitting

9

Nearly a third of respondents wait less than one second before bypassing a slow walker

10

More than half of Americans admit to honking their horn within 5 seconds after the light turns green

11

When waiting for a table at a restaurant, nearly a quarter of respondents wait less than one minute before approaching the host again after the wait period has passed

12

72 percent of Americans admit to pushing an already lit elevator button

13

96 percent of Americans will knowingly consume extremely hot food or drink that burns their mouth; 63 percent do so frequently

14

Galatians 5:22-23 (ESV)

²² But the fruit of the Spirit is love, joy, peace, **patience**, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law.

15

WORSHIP GOD

16

Job 1:13-20 (ESV)

¹³ Now there was a day when his sons and daughters were eating and drinking wine in their oldest brother's house, ¹⁴ and there came a messenger to Job and said, "The oxen were plowing and the donkeys feeding beside them, ¹⁵ and the Sabeans fell upon them and took them and struck down the servants with the edge of the sword, and I alone have escaped to tell you." ¹⁶ While he was yet speaking, there came another and said, "The fire of God fell from heaven and burned up the sheep and the servants and consumed them, and I alone have escaped to tell you." ¹⁷ While he was yet speaking, there came another and said, "The Chaldeans formed three groups and made a raid on the camels and took them and struck down the servants with the edge of the sword, and I alone have escaped to tell you." ¹⁸ While he was yet speaking, there came another and said, "Your sons and daughters were eating and drinking wine in their oldest brother's house, ¹⁹ and behold, a great wind came across the wilderness and struck the four corners of the house, and it fell upon the young people, and they are dead, and I alone have escaped to tell you." ²⁰ Then Job arose and tore his robe and shaved his head and fell on the ground and worshiped.

17

ACCEPT YOUR SUFFERING

18

1 Peter 4:1 (ESV)

¹ Since therefore Christ suffered in the flesh, arm yourselves with the same way of thinking, for whoever has suffered in the flesh has ceased from sin.

19

IMAGINE HEAVEN

20

Romans 8:18 (ESV)

¹⁸ I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

21

TELL OTHERS

22

2 Corinthians 11:24-33 (ESV)

²⁴ Five times I received at the hands of the Jews the forty lashes less one. ²⁵ Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked; a night and a day I was adrift at sea; ²⁶ on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brothers; ²⁷ in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure. ²⁸ And, apart from other things, there is the daily pressure on me of my anxiety for all the churches. ²⁹ Who is weak, and I am not weak? Who is made to fall, and I am not indignant? ³⁰ If I must boast, I will boast of the things that show my weakness. ³¹ The God and Father of the Lord Jesus, he who is blessed forever, knows that I am not lying. ³² At Damascus, the governor under King Aretas was guarding the city of Damascus in order to seize me, ³³ but I was let down in a basket through a window in the wall and escaped his hands.

23

2 Corinthians 12:7-10 (ESV)

⁷ So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. ⁸ Three times I pleaded with the Lord about this, that it should leave me. ⁹ But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. ¹⁰ For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

24

WORSHIP GOD
ACCEPT YOUR SUFFERING
IMAGINE HEAVEN
TELL OTHERS

25

WORSHIP GOD
A CCEPT YOUR SUFFERING
I MAGINE HEAVEN
T ELL OTHERS

26

ARE YOU PATIENT?

27

BE PREPARED - TRAIN
BE AT PEACE - REST
BE PATIENT - WAIT

28

suffer
well

29