

suffer
well

1

"SATAN"
SIN
SALVATION

2

BE PREPARED

3

1 Timothy 4:7-8 (ESV)

⁷ Have nothing to do with irreverent, silly myths. Rather **train yourself for godliness**; ⁸ for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.

4

TRAIN FOR GODLINESS

5

TAKE THE TRAINING SERIOUSLY

6

1 Peter 1:13-15 (ESV)

¹³ Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ. ¹⁴ As obedient children, do not be conformed to the passions of your former ignorance, ¹⁵ but as he who called you is holy, you also be holy in all your conduct

7

REPETITION

8

Joshua 1:8 (ESV)

⁸ This Book of the Law shall not depart from your mouth, but you shall meditate on it **day and night**, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

9

ARMOR UP

10

Ephesians 6:10:17 (ESV)

¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. ¹⁴ Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵ and, as shoes for your feet, having put on the readiness given by the gospel of peace, ¹⁶ in all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the word of God

11

IN THE WORD, IN PRAYER

12

2 Timothy 3:16-17 (ESV)

¹⁶ All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for **training in righteousness**, ¹⁷ that the man of God may be complete, equipped for every good work.

13

1 Thessalonians 5:16-18 (ESV)

¹⁶ Rejoice always, ¹⁷ **pray without ceasing**, ¹⁸ give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

14

NEVER ISOLATE

15

Proverbs 27:17 (ESV)

¹⁷ Iron sharpens iron, and one man sharpens another.

16

TAKE THE TRAINING SERIOUSLY
REPETITION
ARMOR UP
IN THE WORD, IN PRAYER
NEVER ISOLATE

17

TAKE THE TRAINING SERIOUSLY
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18

ARE YOU TRAINING FOR GODLINESS?

19

suffer
well

20